

REFUGE OF HOPE WEEKLY GROCERY LIST



- 40 Bananas
- 35 Red apples
- 35 Green apples
- 4 kg tomatoes
- ½ kg queso fresco
- 35 oranges
- 3 kg cucumber
- 2 pineapples
- 3 kg potatoes
- 3 kg carrots
- 5 large jicama
- 2 kg grapes
- 180 eggs
- 35 pears
- 1 large watermelon
- 2 pineapples
- 2 loaves of whole wheat bread
- 6 large cans tuna
- 3 kg rice
- 2 kg spaghetti
- 1 large choco milk
- 3 oil
- 1 bag mixed nuts
- 1 box crackers
- 6 litres yogurt
- 6 kg boneless chicken breast
- 6 kg fish filets
- 6 kg beef
- 6 kg hamburger
- 2 chorizo
- 2 kgs sliced ham
- 2 lala crème
- 28 litres whole milk
- 2 blocks cheese
- 1 gallon Fabuloso
- 1 gallon Clorox
- Dish soap